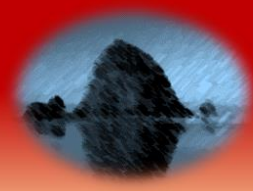




Cannon Beach

Rural Fire Protection District

188 SUNSET BLVD · PO BOX 24 · CANNON BEACH OR 97110
(503) 436-2949 · EMERGENCY DIAL 9-1-1



Cannon Beach Ocean Lifeguard – *Question and Answers*

Are you interested in becoming a Cannon Beach Lifeguard but are not quite sure what it requires? Below are some frequently asked questions and answers that may help you in your decision-making process.

Q. What does a Cannon Beach Lifeguard do?

Cannon Beach Lifeguards are responsible for protecting roughly 4 miles of beach between Silver Point and Chapman Point. This is accomplished through consistent monitoring of the beach from a centrally located lifeguard tower, as well as vehicle beach patrols. The goal of the Cannon Beach Lifeguards is to prevent unsafe acts from occurring, as well as respond to any emergencies on the beach or in the ocean as the first responder.

Q. When does the Lifeguard Season Start?

The official Cannon Beach Lifeguard season starts Memorial Day and lasts until Labor Day. Due to recent emergency incidents, we are trying to begin staffing the beach on the weekends beginning in April and lasting through the end of September (weather and personnel dependent).

Q. How many hours is a normal Lifeguard Shift?

The Cannon Beach Lifeguards work 10-hour shifts Monday through Sunday. The shift starts at 10:00am and ends at 8:00pm.

Q. What is the daily Lifeguard Staffing?

Our goal is to have at least three (3) Lifeguards covering the beach each day. However, our ideal staffing level is four (4) lifeguards.

Q. Do I need any previous experience?

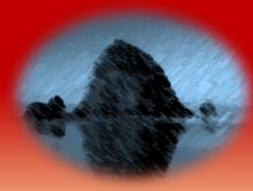
Though previous lifeguarding experience is desired, it is not a requirement in order to apply. What we look for in an ideal candidate is someone who is comfortable in the ocean environment, and who has experience as a swimmer or surfer. All lifeguard training, to include CPR and First-Aid will be provided for free to all employees.



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Q. How many shifts am I required to work per month?

We require a minimum of one (1) 10-hour shift per month, unless modified with approval by the Head Lifeguard.

Q. How many hours per week am I allowed to work?

Lifeguards are allowed to work up to 40 hours per week. If a lifeguard works more than 40 hours per week, they will be compensated at the overtime rate.

Q. What if I can't start working until June?

We understand that many of those who are interested in applying are finishing up their school year and in search of a summer job. If you are interested in working as a lifeguard during the summer months, please apply so we can begin to build our roster and determine our training timeline. For those that are interested in working as a lifeguard before June, we will expedite your training and ensure that you are ready for your first shift.

Q. What does the swim test consist of?

Though we are not currently accredited, we are conducting our testing procedure to match the USLA (United States Lifeguard Association) standard. This consists of a 550-yard timed swim, a 400-yard timed buddy tow, submerged object retrieval, and a 15-minute water tread. In addition, we also require an open ocean swimming assessment to ensure you have the ability to swim in the ocean environment.

Q. What if I can't pass the swim test?

If you are initially unable to pass the swim test, we will provide multiple opportunities for you to re-test. We also offer a "tower lifeguard position" which is a non-rescue position. As a Tower Lifeguard, you are primarily responsible for covering tower rotations, assisting with beach patrols, and in the event of a rescue, you become the "spotter" for the Rescue Lifeguard.

If you are interested in applying, please complete and submit an application packet which can be found at <https://www.cbfire.com/ocean-lifeguard-application-packet>

If you have any additional questions, please contact Deputy Chief Jason Smith at jsmith@cbfire.com

Phone (503)436-2949 – Fax (503)436-9639 - www.cbfire.com -   @CannonBeachFire